



Power Panther Celebrates School Breakfast Week and National Nutrition Month

Power Panther was on the prowl in March, traveling more than 18,000 miles to promote School Breakfast Week and National Nutrition Month. Here are some highlights from his travels.

School Breakfast Week

- In **Minnesota**, Power Panther attended a School Breakfast Week celebration; he danced and greeted more than 200 children, emphasizing how “breakfast is an important start to the day.”
- Power Panther celebrated School Breakfast Week with students at Glen Forest Elementary in **Virginia**.
- Power Panther and Northeast Regional Administrator Suzanne Biermann also traveled to Boston, **Massachusetts** and Hooksett, **New Hampshire** to celebrate School Breakfast Week. He gave hugs and high-fives to more than 300 elementary students eating breakfast.

National Nutrition Month

- In **Maryland**, Power Panther visited children at the U.S. Naval Academy's health clinic, primary school, and youth development center to celebrate National Nutrition Month. He led the children in group exercises and helped give a presentation on healthy food choices. Teachers and students “loved the presentation” and have already invited Power Panther to visit again next year! The event was covered by *Navy NewsStand* and *Trident*, the Naval Academy newspaper.
- During a visit to **Kansas**, Power Panther greeted more than 900 elementary students in lunchrooms and a Head Start program “to help children realize the importance of good nutrition and exercise.” Power Panther also promoted Power Panther Pals, an 8-week health education program for 4th, 5th, and 6th grade students to increase their fruit and vegetable consumption and physical activity.
- Power Panther participated in a Healthy Lifestyle Choices Resource Fair for Kids at two elementary schools and a shopping mall in **Illinois**. He encouraged more than 750 children and 200 adults to Eat Smart. Play Hard.[™] by following MyPyramid.
- In **Idaho**, Power Panther celebrated National Nutrition Month with teachers, students, and food service staff at a school health fair.



U.S. Naval Academy Midshipmen give Power Panther props.





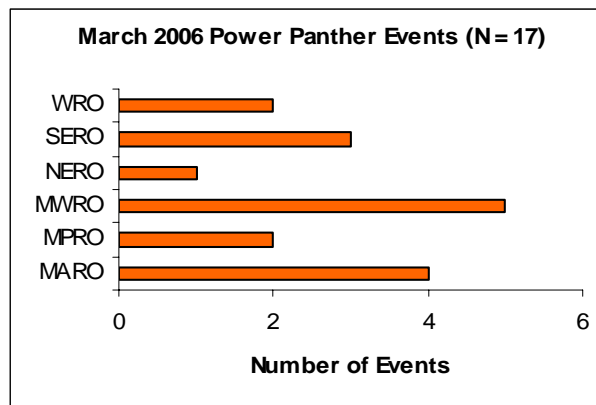
- In need of sunshine, Power Panther headed south to his home state of **Florida** to visit school children at McRae Elementary. He helped in the classroom as teachers taught the importance of healthy lifestyle behaviors.

Other Eat Smart. Play Hard.™ Events

- Power Panther visited **Pennsylvania** and met children and parents attending Hanover Health Education Center's Let's Get Cooking class.
- Power Panther and Northeast Regional Administrator Suzanne Biermann got more than 125 children and parents moving at a one-mile WIC community walk in Springfield, **Massachusetts**. After the walk, Power Panther participated in a rally to increase support for FNS nutrition assistance programs. The event was covered by *The Republican* and *El Pueblo Latino*.



Power Panther visits a Florida classroom, encouraging children to Eat Smart. Play Hard.™



Power Panther helps Kansas elementary school students move more.

